

# Apples



## TRUE or FALSE

- 1) Apples come in all shades of reds, greens and yellows.
- 2) There are 500 varieties of apples grown in the United States.
- 3) Apples are grown in all 50 states.
- 4) Apples are fat, sodium and calorie free.
- 5) Most apples are picked by hand in the fall.
- 6) Charred apples have been found in prehistoric dwellings in Switzerland.
- 7) Apples are the most valuable fruit grown in the United States.
- 8) A peck of apples weighs 5.5 pounds.
- 9) Two-thirds of the fiber and antioxidants are found in the peel of an apple.
- 10) The apple tree originated in the United States.

1) True 2) False, approximately 2,500 varieties exist 3) True 4) False, they are fat, sodium and cholesterol free  
5) True 6) True 7) False, oranges are #1 and apples are #2 8) False, a peck weighs 10.5 pounds  
9) True 10) False, the apple tree originated in an area between the Caspian and the Black Sea.