

# EAT healthy

# WHAT IS IN SEASON?

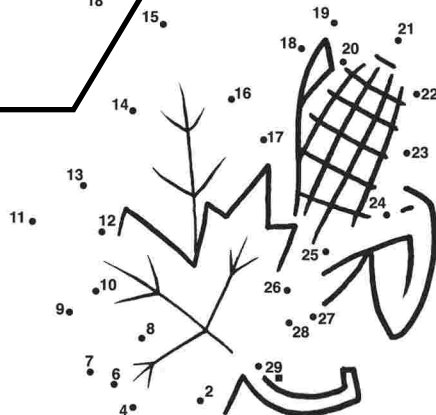
For each season listed below, figure out which fruit or vegetable is in season.



**SPRING**

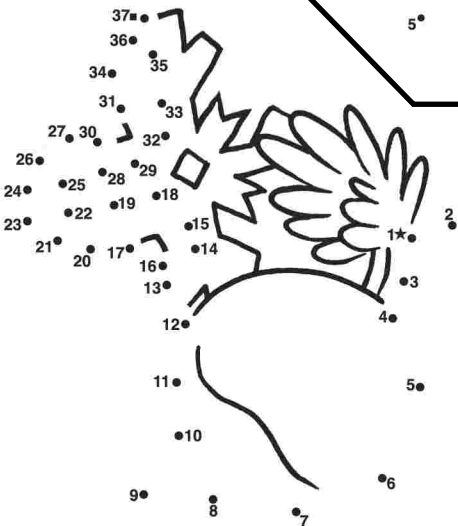


**SUMMER**

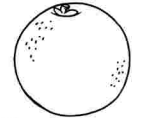


**FALL**

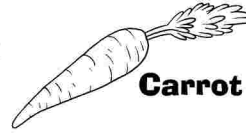
**WINTER**



Tomato



Orange



Carrot

**FRUIT**



Potato



Broccoli

**VEGETABLE**



Peach



Corn

**FRUIT or VEGETABLE?**



Apple



Squash



Green Beans

Draw a line from the food to the correct title.



## Fruits and Vegetables!

Fresh Vitamins  
Brain Power  
Natural Farm



Healthy Minerals  
Tomato  
Tasty Seasons

H	N	A	N	M	I	N	E	R	A	L	S
E	S	A	E	A	L	M	A	S	M	K	E
A	B	E	T	L	R	U	E	R	N	S	I
L	B	R	R	U	K	A	A	S	T	Y	G
T	H	A	F	F	R	F	L	L	S	T	S
H	Y	E	G	O	A	A	N	S	O	S	S
Y	B	A	N	O	N	I	L	N	N	A	N
S	N	I	M	A	T	I	V	M	O	T	O
N	N	C	O	T	A	M	O	T	N	C	S
B	R	A	I	N	P	O	W	E	R	S	A
P	Y	R	N	U	T	R	I	T	I	O	E
V	E	G	M	I	L	K	L	E	I	L	S

