

# Wheat...do you know



**1** Wheat flour is the \_\_\_\_ ingredient in most breads, bakery products, biscuits cookies and crackers.

Choose one: only, main, sweetest or heaviest

**2** Wheat is a member of a family of plants that also includes rye, corn, oats and \_\_\_\_\_. Generally all are used in cereals.

Choose one: hulls, wheat, rice, hay

**3** Globally, wheat is an important human food, its production being second only to \_\_\_\_\_ among the cereal crops; rice ranks third. Choose one: citrus, potatoes, maize, tomatoes

**4** Wheat is widely cultivated as a cash crop because it produces a good yield per unit area, grows well in a temperate climate even with a moderately short growing season, and yields a versatile, high-quality \_\_\_\_\_ that is widely used in baking.

Choose one: flour, sugar, egg, grain

## **LIST 5 FOODS YOU EAT THAT ARE MADE FROM WHEAT?**

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_

1) Main 2) Rice 3) Maize 4) Flour